



Companies that choose to empower the mental health of their employees increase overall productivity and the bottom line. They also empower communities and their employees' families by making it clear each life in the company matters.

Research indicates that mental disorders, particularly depression and addictions, have a staggering impact on business productivity.

Studies further document that the negative stigmas and widely shared stereotypes surrounding mental illness are the most significant barriers to treatment and lowering overall mental health societal costs.

Dr. Christy Kane is working with corporations and organization leaders to eliminate mental health stigmas in the workplace through the process of mental health empowerment.

With the help of Dr. Kane's focused processes and assessments, corporations are seeing improved employee productivity, increased connection, uplifted corporate cultures, and lives preserved.

By working together, corporate mental health policies and procedures are transforming from intervention to the daily process of prevention.

We all know someone whose life has been impacted in a negative way by mental health issues. Together we can make a difference in the lives of employees, families, and communities.

Employees: Companies Greatest Assets at All Levels

Employee absenteeism costs corporations and organizations worldwide over \$84 billion annually. The number one reason for employee absenteeism involves some form of individual or family life crisis, with the following issues taking the lead:

- Depression
- Disengagement
- Burnout, stress, and low morale
- Bullying and harassment
- Childcare and elderly care
- Illness

In an effort to reduce absenteeism, proactive companies are taking steps to educate both leadership and employees regarding neurological mental health empowerment. At the same time, they are implementing focused practices to increase employee stabilization. These practices help to balance families and improve the environments they live in through addressing the following issues:

- Mental health
- Work-home balance
- Environmental health
- Economic health
- Physical health



Helping employers
increase employee
satisfaction through
360° Mental Health
Empowerment Focus™

On-Site Mental Health Empowerment 360° Focused Processes™



For more detailed information please email hello@drchristykane.com

It is important that corporations understand offering offsite mental health services is not enough.

To truly address employee mental health, organizations need to change their culture surrounding this issue. Employees report workplace stigma is one of the biggest barriers to seeking appropriate treatment for mental health issues.

Encouraging a company-wide dialogue about mental health, training managers to recognize symptoms of mental health issues, and adopting policies that promote neurological mental health well-being can go a long way toward reducing stigma and empowering employees who need mental health care.

Mental health no longer carries the stigma of the past.

Individuals and corporations recognize mental health empowerment is critical in increasing employee productivity, improving family life, and decreasing many medical issues brought on by poor neurological mental health. With this understanding companies are asking, "How do we help improve our corporate and employee mental health?" The company Dr. Christy Kane LLC has the answers.

360° Focus Pre-work

Pre-assessment all levels and data sharing

360° Focus Day 1

On-site observation day

360° Focus Day II

Implementing custom 360 - focused process for engaged organization

12-Month 360° Follow Up

3, 6, 9, 12-month assessments

Custom 360° empowerment process per organization, onsite and virtual

Additional Engagements

- Corporate Keynotes
- Conference Keynotes and Workshops
- Single engagement to address critical corporate needs
- Individualized consulting corporate engagements